



Level 2
PRACTITIONER TRAINING
(ONLINE)
in
Systemic Family Constellations
16-Day

September 2024 – May 2025

www.familyconstellationsjourney.com



Level 2: Practitioner Training in Family Constellations ONLINE

Our level 2, Practitioner Training in Family Constellations, is open to everyone with a deep heart's desire to delve deeper into this work, whether for personal or professional reasons. However, all participants must have completed our Foundation Training, or equivalent.

This level 2 training builds on the Foundation Training (level 1), to deepen the understanding and application of working systemically and phenomenologically. Therefore, the teaching days aim to expand on the principles laid out in the Foundation Training, with an emphasis on applying them in the context of facilitating group constellations (rather than one to one settings).

There is also a great emphasis on getting practical, with 6 practical supervised training days included. On those days, participants will facilitate constellations under supervision.

All days will be held ONLINE, except for 3 supervised practice days which will be held in person (Bagshot, Surrey)

Course Structure

The Training will be structured in the following way and include:

- 16 days of training, including 6 Supervised Practice days (3 of those days will be held online and the others in person)
- 2 one-to-one Personal Practice Supervision Support sessions either via Skype or in person (60 minutes each)



Course Dates

Timings for the Teaching days (including 3 online supervised practice days):

- Tuesday 10am – 4.45pm

The Teaching days (including 3 online supervised practice days) for this ONLINE Level 2 Training will take place on the following TUESDAY:

2024

- OCTOBER: 1, 22
- NOVEMBER: 5, 19, 26
- DECEMBER: 10

2025

- JANUARY: 7, 21
- FEBRUARY: 4
- MARCH: 11, 25
- APRIL: 1, 15
- MAY: 6

Furthermore, there will be 3 in-person supervised training days included. You can choose which of the 3 dates from the list below that you would like to attend.

Timings for the Supervised Practice days: 10am – 6pm

- Mon 26 Aug and Tues 27 Aug 2024
- Sat 12 Oct 2024
- Sat 9 Nov 2024
- Sat 11 Jan 2025
- Sat 15 Feb 2025
- Sat 15 March 2025
- Sat 5 April 2025



About this Course

On this journey with us you will have the opportunity to

- learn in a small group
- develop both personally and professionally
- receive personal support through one-to-one sessions
- practice facilitating family constellations in groups online
- experiential learning through time for your own development and personal work

Aim

- to develop sound practitioners of this work
- deepening the understanding of the orders of love
- application of the orders of love and the systemic thinking in the context of group constellations
- to facilitate a personal and professional but most importantly enriching journey through our teaching

Why us?

- we are extremely passionate about systemic family constellations work
- we want to empower others by passing on what's been a transformative journey for ourselves, our families and our working life
- we are committed to a world that communicates from an open heart
- we come from a place of integrated family systems and it is our heart's desire to make this work more widely available
- we believe in learning in a small group, so we have enough time for attention to the individual



Brief Training Overview

Based on our belief that being a good practitioner is about a combination of knowledge, skills and experience, the Practitioner Training will take participants through a journey covering the topics below.

Topics Covered

- Freedom
- Soul Purpose
- Boundaries and limits
- Trauma and its effects
- Symptoms and Illness patterns
- Adoption in the context of this work
- Adult Relationships, Couples and Intimacy
- Working with different Types of constellations
- Victim and Perpetrator (including incest and abuse)
- History matters: Racial and cultural implications, group fates

Skills

- Communicating without words
- Working with the Knowing Field
- Moving deeper into our heart space
- Holding groups in a trusted and safe way
- Venturing beyond the family into other fields
- Reading and facilitating group constellations
- Applying the language that touches the soul to group constellations
- Learning to understand, trust and work with a phenomenological approach in a group setting

This list is not exhaustive and all of the above will be passed on through a mixture of teaching, personal work, exercises and supervised practice. Adaptability is so



important, and we thus allow ourselves the right to adjust the content of the course to meet the needs of the participants.

Experience

- A majority of the learning journey will be experiential, with time to internalise the movements and orders of this work
- We value all the experiences that participants bring to their learning journey

Practical application of the teaching topics

A big emphasis of Level 2 is on the practical application of the teaching. Therefore, on top of the exercises and personal reflections that accompany the teaching days, there will be separate days, dedicated to the application of family constellations through supervised practice days. On these days, all students get the chance to facilitate a group constellation, under supervision.

Venue

All teaching sessions will be held on ZOOM, plus, there will be 3 in person sessions which will be held in Bagshot, Surrey.



Who Are the Facilitators?

The training will be facilitated by Marilene Metzler.

Marilene originally qualified as a homeopath in 1998. Alongside her private practice Marilene also worked as a lecturer, module leader and supervisor on the BSc(Hons) Homeopathy degree course at Thames Valley University.

Marilene's family first encountered family constellations in her childhood and she fell in love with the power of this work when she first attended a workshop in 2002. From then she attended regular workshops, but it was only in 2007 that she started formally training in it. Following 2 years of training, Marilene was the support practitioner for the CSC training for 3 years. Marilene has attended numerous workshops and training days with renowned practitioners in the UK and Switzerland. Filled with a deep yearning to pass this knowledge on, Marilene has worked towards the vision of this training program since the early 2018. For more details about Marilene see www.SOULUTIONSfocused.co.uk



Payment and Fee

The full fee for the ONLINE Level 2 Training is £2445.

Early bird fee is £2245 for those who pay their deposit by **10 May 2024**.

A £400 deposit is needed to secure your place. This deposit is non-refundable.

There are 2 options to pay the remainder of the course fees:

1. OPTION 1: Payments made in one go BEFORE the start of the first module receive a £50 reduction in fees.
2. OPTION 2: The remainder of the fees can be paid in 6 equal monthly payments, starting on **1st October 2024**.

Additional Supervised Practice Days

Anyone wishing to attend additional supervised practice days can do so, provided there is space, at an additional fee of £110/day.



Application Process

If you would like to apply for the Practitioner Training, and you have already done the Foundation Training with us, all you need to do to secure your place on this course is to:

1. Pay a deposit of £400

We are always happy to welcome students who have done their foundation training elsewhere. So, if you would like to apply to this training, and you have **NOT done the Foundation Training with us**, you will need to

2. Fill in an application form first
3. Pay a deposit of £400
4. Once we have received the above, we will contact you to arrange a good time to talk (this can be done on the phone or online). This will be an opportunity to connect with you, if we have not done so already before then, and to 'get to know' one another a little before the training. This will also be an opportunity for you to ask any other questions that you may have about the training.
5. If for any reason, either party decides following this call that the training is not suitable for you, then either party can cancel the place within 1 week of the call and a full refund of the otherwise non-refundable deposit will be given.

More Information and Contact

If you have more questions about the training or would like to apply for a place, please contact Marilene on marilene1@hotmail.co.uk or 07785 772912.

Alternatively, you can visit www.familyconstellationsjourney.com for more information, to download an application form and make your deposit payment.