



Level 2
PRACTITIONER TRAINING
(ONLINE)
in
Systemic Family Constellations
16-Day

September 2023 – May 2024

www.familyconstellationsjourney.com



Course Structure and Dates

The Training will be structured in the following way and include:

- 16 days of training, including 6 Supervised Practice days
- 3 one-to-one Personal Practice Supervision Support sessions either via Skype or in person (60 minutes each)

Times:

- Fridays 11am – 6pm

Dates for 2023-24

The ONLINE Level 2 Training will be held on the following FRIDAYS:

2023

- SEPTEMBER: 29
- OCTOBER: 13,27
- NOVEMBER: 3, 24
- DECEMBER: 8, 15

2024

- JANUARY: 19, 26
- FEBRUARY: 9
- MARCH: 15, 22
- APRIL: 12, 19
- MAY: 10, 24



The Level 2, Practitioner Training in Family Constellations, is open to everyone with a deep heart's desire to delve deeper into this work, whether for personal or professional reasons. However, all participants must have completed our Foundation Training, or equivalent.

Our level 2 training builds on the Foundation Training (level 1), to deepen the understanding and application of working systemically and phenomenologically.

All level 2 topics will be taught in the context of group constellation work. All topics will expand on the principles laid out in the Foundation Training.

There is also a great emphasis on getting practical, with 6 practical supervised training days where participants run their own constellations under supervision.

All days will be held ONLINE, therefore, group constellations are practiced in online settings.

Learning Group Facilitation in Person

As this is an ONLINE training, there will be an option to attend Supervised Practice days in person in addition to the level 2 training days. This will be discussed with the group and will be arranged to meet the needs of the group or individuals.



On this journey with us you will have the opportunity to

- learn in a small group
- receive personal support through one-to-one sessions
- practice facilitating family constellations in groups online
- experiential learning through time for your own development and personal work
- develop both personally and professionally

Aim

- deepening the understanding of the orders of love
- application of the orders of love and the systemic thinking in the context of group constellations
- to develop sound practitioners of this work
- to facilitate a personal and professional but most importantly enriching journey through our teaching

Why us?

- we are extremely passionate about systemic family constellations work
- we want to empower others by passing on what's been a transformative journey for ourselves, our families and our working life
- we are committed to a world that communicates from an open heart
- we come from a place of integrated family systems and it is our heart's desire to make this work more widely available
- we believe in learning in a small group, so we have enough time for attention to the individual



Brief Training Overview

Based on our belief that being a good practitioner is about a combination of knowledge, skills and experience, the Practitioner Training will take participants through a journey covering the topics below.

Knowledge

- Victim and Perpetrator (including incest and abuse)
- Adult Relationships, Couples and Intimacy
- Trauma and its effects
- Symptoms and Illness patterns
- Boundaries and Limits
- Adoption in the context of this work
- Working with different Types of constellations
- History matters: Racial and cultural implications, group fates
- Freedom
- Soul Purpose

Skills

- Learning to understand, trust and work with a phenomenological approach in a group setting
- Holding groups in a trusted and safe way
- Working with the Knowing Field
- Applying the language that touches the soul to group constellations
- Communicating without words
- 'Reading' group constellations
- Moving into our heart space
- Venturing beyond the family into other fields



Experience

- A majority of the learning journey will be experiential, with time to internalise the movements and orders of this work
- We value all the experiences that participants bring to their learning journey

Application

Level 2 takes participants

This list is not exhaustive and all of the above will be passed on through a mixture of teaching, personal work, exercises and supervised practice. Adaptability is so important, and we thus allow ourselves the right to adjust the content of the course to meet the needs of the participants.

Venue

All sessions will be held on ZOOM



Who Are the Facilitators?

The training will be facilitated by Marilene Metzler.

Marilene originally qualified as a homeopath in 1998. Alongside her private practice Marilene also worked as a lecturer, module leader and supervisor on the BSc(Hons) Homeopathy degree course at Thames Valley University.

Marilene's family first encountered family constellations in her childhood and she fell in love with the power of this work when she first attended a workshop in 2002. From then she attended regular workshops, but it was only in 2007 that she started formally training in it. Following 2 years of training, Marilene was the support practitioner for the CSC training for 3 years. Marilene has attended numerous workshops and training days with renowned practitioners in the UK and Switzerland. Filled with a deep yearning to pass this knowledge on, Marilene has worked towards the vision of this training program since the early 2018. For more details about Marilene see www.SOULUTIONSfocused.co.uk

Payment and Fee

The full fee for the ONLINE Level 2 Training is £2095.

Early bird fee is £1895 for those who pay their deposit by **15 June 2023**.

A £400 deposit is needed to secure your place. This deposit is non-refundable.

There are 2 options to pay the remainder of the course fees:

1. OPTION 1: Payments made in one go BEFORE the start of the first module receive a £50 reduction in fees.
2. OPTION 2: The remainder of the fees can be paid in 6 equal monthly payments, starting on **1st October 2023**.



Application Process

If you would like to apply for the Practitioner Training, and you have already done the Foundation Training with us, all you need to do to secure your place on this course is to:

1. Pay a deposit of £400

We are always happy to welcome students who have done their foundation training elsewhere. So, if you would like to apply to this training, and you have **NOT done the Foundation Training with us**, you will need to

2. Fill in an application form first
3. Pay a deposit of £400
4. Once we have received the above, we will contact you to arrange a good time to talk (this can be done on the phone or online). This will be an opportunity to connect with you, if we have not done so already before then, and to 'get to know' one another a little before the training. This will also be an opportunity for you to ask any other questions that you may have about the training.
5. If for any reason, either party decides following this call that the training is not suitable for you, then either party can cancel the place within 1 week of the call and a full refund of the otherwise non-refundable deposit will be given.

More Information and Contact

If you have more questions about the training or would like to apply for a place, please contact Marilene on marilene1@hotmail.co.uk or 07785 772912.

Alternatively, you can visit www.familyconstellationsjourney.com for more information, to download an application form and make your deposit payment.