



Level 2  
PRACTITIONER TRAINING  
in  
Systemic Family Constellations  
16-Day

September 2023 – May 2024



## Course Structure and Dates

### **The Training will be structured in the following way and include:**

- 16 days of training, including 6 Supervised Practice
- 2 one-to-one Personal Practice Supervision Support sessions either via Skype or in person (60 minutes each)
- 2 free representative places at one of Marilene's constellation workshops

### **Times:**

- Day 1 of each module: 11am – 6pm
- Day 2 of each module: 10am – 6pm

### **Dates**

#### **2023**

- Module 1 ONLINE: SEPT 29 & OCT 13 (11am- 6pm both days)
- Module 2 NOV 4/5
- Module 3 DEC 16/17

#### **2024**

- Module 4 JAN 27/28
- Module 5 FEB 10/11
- Module 6 MAR 16/17
- Module 7 APRIL 13/14
- Module 8 MAY 11/12

**The Practitioner Family Constellations Training is open to everyone who has completed our Foundation Training, or equivalent.** We are always happy to welcome students who have done their foundation training elsewhere.



This Training will be taught using systemic principles in the context of group constellation work and expanding on the principles laid out in the Foundation Training. There is also a great emphasis on getting practical, with 5 practical supervised training days where participants run their own constellations under supervision.

### **On this journey with us you will have the opportunity to**

- learn in a small group
- receive personal support through one-to-one sessions
- practice family constellations through application of what has been taught
- experiential learning through time for your own development and personal work
- develop both personally and professionally
- be supported through supervision while starting out and facilitating group constellations

### **Aim**

- deepening the understanding of the orders of love
- application of the orders of love and the systemic thinking in the context of group constellations
- to develop sound practitioners of this work
- to facilitate a personal and professional but most importantly enriching journey through our teaching

### **Why us?**

- we are extremely passionate about systemic family constellations work
- we want to empower others by passing on what's been a transformative journey for ourselves, our families and our working life
- we are committed to a world that communicates from an open heart
- we come from a place of integrated family systems and it is our heart's desire to make this work more widely available
- we believe in learning in a small group, so we have enough time for attention to the individual



## How this Training Was Born

This course has been born out of a deep love for this work and a vision of life where we meet and communicate with people from the heart. Although this training is deeply embedded in the knowledge that has been passed down to us through Bert Hellinger and all our other beautiful teachers, it has our own energy woven into it with the aim to support all of our participants to internalise the teachings and then create their own unique application thereof – one that expresses them as a unique human being.

It is with much gratitude to all teachers, who have passed on their commitment and knowledge of this work.

A very special thank you goes to two of my colleagues who have very generously supported me in my vision and helped develop this training.

- Sandra Disteli ([www.sandradisteli.ch](http://www.sandradisteli.ch)) has been instrumental in the early stages of developing this course by helping me deepen my vision and being there all the way in the creation of the Journey to the Heart Foundation Training.
- Louise Nicholl ([www.louisenicholl.com](http://www.louisenicholl.com)) has been of immense support in the final stages of the creation of the training. She has helped me get structured and helped put the curriculum into a meaningful order. Louise taught two modules on the first foundation course.



## Brief Training Overview

Based on our belief that being a good practitioner is about a combination of knowledge, skills and experience, the Practitioner Training will take participants through a journey covering the topics below.

### **Knowledge**

- Trauma
- Symptoms and Illness patterns
- Adult Relationships, Couples and Intimacy
- Soul Purpose
- Victim and Perpetrator (incest, abuse)
- Working with different Types of constellations
- History matters: Racial and cultural implications, group fates

### **Skills**

- Learning to understand, trust and work with a phenomenological approach
- Holding groups in a trusted and safe way
- Working with the Knowing Field
- The importance of communicating with the language that touches the soul
- Communicating without words and 'reading' constellations
- Moving into our heart space
- Venturing beyond the family into other fields

### **Experience**

- A majority of the learning journey will be experiential, giving time to internalise the movements and orders of this work
- We value all the experiences that participants bring to their learning journey

This list is not exhaustive and all of the above will be passed on through a mixture of teaching, personal work, exercises and supervised practice.



Adaptability is so important, and we thus allow ourselves the right to adjust the content of the course to meet the needs of the participants.

## Venue

Bagshot, Surrey

### **Travelling to Bagshot**

By car: Bagshot is well located for those travelling by car with access to the M3 (junction 3) and a 25-minute journey from the M4 (junction 10)

There is free parking outside the venue.

By Train: We are a 10-15-minute drive from Sunningdale station (direct line to London). There are taxis available at Sunningdale station (Atlas Cars).

Traveling from abroad: Bagshot is a 35-minute drive from London Heathrow (traffic permitting). A taxi journey costs about £35 (if you arrange pick up from Atlas Cars, our local taxi company on 0044 1344 874874).



## Who Are The Facilitators?

The training will be facilitated by Marilene Metzler.

**Marilene** originally qualified as a homeopath in 1998. Alongside her private practice Marilene also worked as a lecturer, module leader and supervisor on the BSc(Hons) Homeopathy degree course at Thames Valley University.

Marilene's family first encountered family constellations in her childhood and she fell in love with the power of this work when she first attended a workshop in 2002. From then she attended regular workshops, but it was only in 2007 that she started formally training in it. Following 2 years of training, Marilene was the support practitioner for the CSC training for 3 years. Marilene has attended numerous workshops and training days with renowned practitioners in the UK and Switzerland. Filled with a deep yearning to pass this knowledge on, Marilene has worked towards the vision of this training program since the early 2018. For more details about Marilene see [www.SOULUTIONSfocused.co.uk](http://www.SOULUTIONSfocused.co.uk)

## Payment and Fee

The full fee for the Professional Training is £2295

A £400 deposit is needed to secure your place. This deposit becomes non-refundable 2 weeks after your informal chat with Marilene following your formal application.

### **There are 2 options to pay the remainder of the course fees:**

1. OPTION 1: Payments made in one go BEFORE the start of the first module receive a £50 reduction in fees.
2. OPTION 2: The remainder of the fees can be paid in 4 equal monthly payments, starting on 1<sup>st</sup> June 2023.



## Application Process

If you would like to apply for the Practitioner Training, and you have already done the Foundation Training with us, all you need to do to secure your place on this course is to:

1. Pay a deposit of £400

If you would like to apply to this training, and you have **NOT done the Foundation Training with us**, you will need to

2. Fill in an application form first
3. Pay a deposit of £400
4. Once we have received the above, we will contact you to arrange a good time to talk (this can be done on the phone or online). This will be an opportunity to connect with you, if we have not done so already before then, and to 'get to know' one another a little before the training. This will also be an opportunity for you to ask any other questions that you may have about the training.
5. If for any reason, either party decides following this call that the training is not suitable for you, then either party can cancel the place within 1 week of the call and a full refund of the otherwise non-refundable deposit will be given.

## More Information and Contact

If you have more questions about the training or would like to apply for a place, please contact Marilene on [marilene1@hotmail.co.uk](mailto:marilene1@hotmail.co.uk) or 07785 772912.

Alternatively, you can visit [www.familyconstellationsjourney.com](http://www.familyconstellationsjourney.com) for more information, to download an application form and make your deposit payment.