



Level 3
CLINICAL SUPERVISED PRACTICE
YEAR
in
Systemic Family Constellations

2023-24



Course Structure and Dates

The Clinical Supervised Practice Year run over one full year and will include:

- 4x supervised training days (meeting in person)
- 9x 4-hour sessions of group supervision (meeting online)
- 3x 1-hour one-to-one Personal Practice Supervision Support sessions (in person or online)
- 4x free representative places at one of Marilene's constellation workshops (in person)

Times:

- Supervised practice days 10am – 6pm

Dates for 2023-24: exact dates TBC

- **Month 1** 1 day of supervised practice (in person)
- **Month 2** 4 hours of group supervision (online)
- **Month 3** 4 hours of group supervision (online)
- **Month 4** 4 hours of group supervision (online)
- **Month 5** 1 day of supervised practice (in person)
- **Month 6** 4 hours of group supervision (online)
- **Month 7** 4 hours of group supervision (online)
- **Month 8** 4 hours of group supervision (online)
- **Month 9** 1 day of supervised practice (in person)
- **Month 10** 4 hours of group supervision (online)
- **Month 11** 4 hours of group supervision (online)
- **Month 12** 4 hours of group supervision (online)
- **Month 13** 1 day of supervised practice (in person)



The Clinical Supervised Practice Year is open to everyone who has completed our level 2 Training, or equivalent.

While level 1 and 2 are open to anyone with a heart's desire to learn about family constellations (whether for personal or professional reasons), level 3 is for those who want to take this work into their professional practice.

This course offers a safe and confidential place where aspiring constellation practitioners can develop safely into ethical and sound professionals of this work.

Level 3 will include:

- supervised practice days where students will facilitate constellations under supervision and get feedback
- monthly group supervision sessions where participant can bring issues and questions, related to this work, that have come up in their practice
- one-to-one sessions that can be used to look at their own personal issues or for further supervision

Therefore, the curriculum does NOT include big new topics. Instead, it concentrates on the teachings from level 1&2 and how to apply this in practice, while further developing the practitioner qualities needed for this work.

It is designed so that those who are going into clinical practice, can continue their journey in a safe and supported way.

The practitioner development will include a deepening of the following:

- Communication without words
- Feeling further into the field
- Following the phenomenon while remaining aware of the orders
- Being attentive to the solution and how to find it
- Remaining fearless yet humble
- Remaining ethical & realistic within the realms of this work and what it can offer
- The art of naming without shaming



On this part of the journey, you will have the opportunity to:

- learn in a small group
- receive personal support through one-to-one sessions
- apply constellation work in your own practice while under supervision
- develop further as a professional practitioner of this work (both in one-to-one settings or as a group facilitator)
- bring issues from your practice into a safe and confidential space

As you take this work into your own practice, we will walk alongside you and:

- support you as you take your learning from level 1&2 and offer it to the wider world
- help you develop into a sound and ethical practitioner of systemic family constellations
- support you with individualised and group mentorship and supervision
- mop up any gaps in teaching
- All of the above will happen in a safe and confidential space where you can grow in confidence and deepen your knowledge, while applying this work in your practice.

Why us?

- we are extremely passionate about systemic family constellations work
- with this training, we are offering something that we didn't get and would have so benefitted from, so it has been designed to fill a gap in most constellation training programs
- we want to empower others by passing on what's been a transformative journey for ourselves, our families and our working life
- we are committed to a world that communicates from an open heart
- we come from a place of integrated family systems and it is our heart's desire to make this work more widely available
- we believe in learning in a small group, so we have enough time for attention to the individual



Brief Training Overview

Based on our belief that offering family constellations in the public domain in a way that respects what it is capable of achieving, requires a deep understanding and internalisation of the work for the practitioner and a sensitive placing of this work in the outside world. In order for new practitioners, not to be alone on this part of the journey, we have designed the Clinical Supervised Practice Year.

A lot of practice and practitioner development is about a combination of knowledge, skills and experience, the Practitioner Training will take participants through a journey covering the topics below.

Skills

- Learning to understand, trust and work with a phenomenological approach
- Holding groups in a trusted and safe way
- Working with the Knowing Field
- The importance of communicating with the language that touches the soul
- Communicating without words and 'reading' constellations
- Moving into our heart space
- Venturing beyond the family into other fields

Experience

- The emphasis will be on practical application of the work
- Participants will be bringing their questions and challenges from their practice to this group, so that the everyone can learn from everyone's experience and grow together
- We value all the experiences that participants bring to their learning journey
- There is also time and space to experiment with new ways of working

This list is not exhaustive and all of the above will come to live and vary, depending on the group's needs.

Adaptability is so important, and we allow ourselves the right to move with the groups' needs.



Venue

- Bagshot, Surrey: for supervised practice days
- Online: for everything else

Travelling to Bagshot

By car: Bagshot is well located for those travelling by car with access to the M3 (junction 3) and a 25-minute journey from the M4 (junction 10)

There is free parking outside the venue.

By Train: We are a 10-15-minute drive from Sunningdale station (direct line to London). There are taxis available at Sunningdale station (Atlas Cars).

Traveling from abroad: Bagshot is a 35-minute drive from London Heathrow (traffic permitting). A taxi journey costs about £35 (if you arrange pick up from Atlas Cars, our local taxi company on 0044 1344 874874).



Who Are the Facilitators?

The training will be facilitated by Marilene Metzler.

Marilene originally qualified as a homeopath in 1998. Alongside her private practice Marilene also worked as a lecturer, module leader and supervisor on the BSc(Hons) Homeopathy degree course at Thames Valley University.

Marilene's family first encountered family constellations in her childhood and she fell in love with the power of this work when she first attended a workshop in 2002. From then she attended regular workshops, but it was only in 2007 that she started formally training in it. Following 2 years of training, Marilene was the support practitioner for the CSC training for 3 years. Marilene has attended numerous workshops and training days with renowned practitioners in the UK and Switzerland. Filled with a deep yearning to pass this knowledge on, Marilene has worked towards the vision of this training program since the early 2018. For more details about Marilene see www.SOULUTIONSfocused.co.uk

Payment and Fee

The full fee for the Professional Training is £1775.

Early bird fee available until 2 months before the start is £1625.

A £400 deposit is necessary to secure a place.

There are 2 options to pay the remainder of the course fees:

1. OPTION 1: Payments made in one go BEFORE the start of the first day receive a £50 reduction in fees.
2. OPTION 2: A £400 deposit is needed before the start of the programme. The remainder of the fee can then be paid in 10 equal monthly payments, starting on the 1st day of the following month.



Application Process

If you would like to apply for the Level 3 (Clinical Practice Year) and you have already done level 1& 2 with us, all you need to do to secure your place on this course is to:

1. Pay a deposit of £400

If you would like to apply to this training, and you have **NOT completed level 2 with us**, then you will need to:

2. Fill in an application form first
3. Pay a deposit of £400
4. Once we have received the above, we will contact you to arrange a good time to talk (this can be done on the phone or online). This will be an opportunity to connect with you, if we have not done so already before then, and to 'get to know' one another a little before the training. This will also be an opportunity for you to ask any other questions that you may have about the training.
5. If for any reason, either party decides following this call that the training is not suitable for you, then either party can cancel the place within 1 week of the call and a full refund of the otherwise non-refundable deposit will be given.

More Information and Contact

If you have more questions about the training or would like to apply for a place, please contact Marilene on marilene1@hotmail.co.uk or 07785 772912.

Alternatively, you can visit www.familyconstellationsjourney.com for more information, to download an application form and make your deposit payment.